



Speaking up improves services for you and for other people.

You have the right to speak up.

Under Victorian law, you can make a complaint about a public mental health service by:

- talking with your service
- talking with us.

We are independent and can:

- ➔ help you raise your concern directly with a mental health service
- ➔ work with you and the service to help resolve your complaint
- ➔ help with other options and referrals to deal with your concerns.

Mental Health Complaints Commissioner

call **1800 246 054**
free call from landlines

mhcc.vic.gov.au/form
help@mhcc.vic.gov.au

T 03 9032 3328
F 03 9949 1506



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